



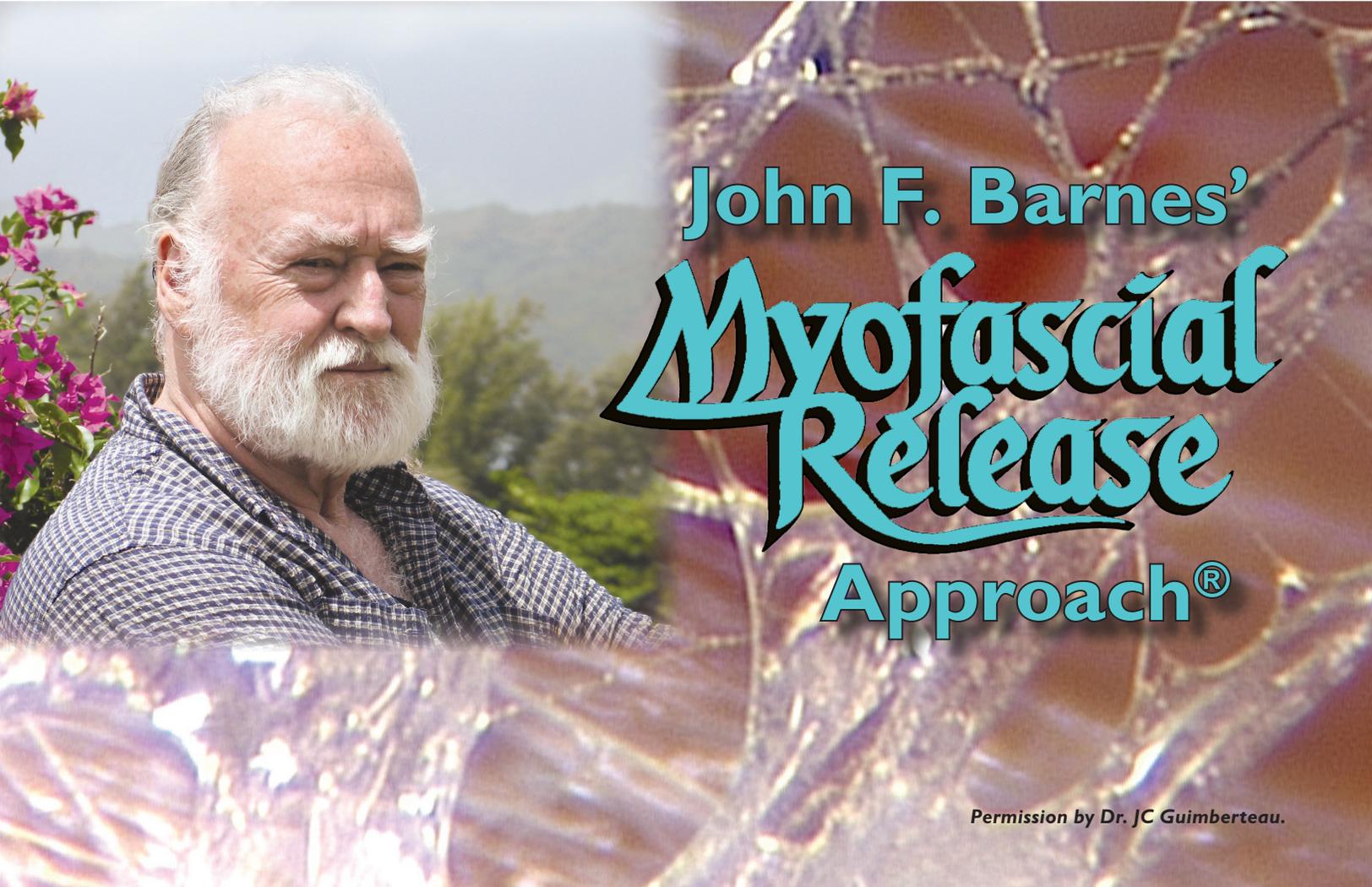
42 Lloyd Avenue, Malvern, PA 19355

*Learn from
the Experts!*

*Join over
75,000
successful
therapists!*

SCIENCE VERIFIES THE PRINCIPLES THAT JOHN F. BARNES, P.T.
HAS BEEN TEACHING FOR OVER 40 YEARS!

↓ PAIN ↑ FUNCTION ↑ INCOME



John F. Barnes'
**Myofascial
Release**
Approach®

Permission by Dr. JC Guimberteau.

MYOFASCIAL RELEASE

— THE WAVE OF THE FUTURE! —

The John F. Barnes' Myofascial Release Approach® is considered to be the ultimate mind/body therapy that is safe, gentle and consistently effective in producing results that last. John F. Barnes, PT, is an international lecturer, author and authority on Myofascial Release. He is considered to be a visionary and teacher of the highest caliber.

LEARN MYOFASCIAL RELEASE FOR:

- Back Pain
- Cervical Pain
- Headaches
- Chronic Pain
- Carpal Tunnel
- Fibromyalgia
- Spasm/Spasticity
- Geriatrics
- Scoliosis
- Head Trauma
- Pediatrics
- Sports Injuries
- Rehabilitation
- TMJ
- Restricted Motion
- Chronic Fatigue Syndrome
- CVA
- Neurological Dysfunction

WHAT IS FASCIA?

Fascia is a tough connective tissue which spreads throughout the body in a three-dimensional web from head to foot without interruption. Trauma, posture or inflammation can create a binding down of fascia resulting in excessive pressure on nerves, muscles, blood vessels, osseous structures and/or organs. Since many of the standard tests such

as x-rays, myelograms, CAT scans, electromyography, etc, do not show the fascial restrictions, it is thought that an extremely high percentage of people suffering with pain and/or lack of motion may be having fascial problems, but most go undiagnosed.

The viscoelastic quality of the fascial system causes it to resist a suddenly applied force. This explains why the "old form" of myofascial release, which was an attempt to force a system that cannot be forced, produced pain and limited results.

WHAT IS THE JOHN F. BARNES' MYOFASCIAL RELEASE APPROACH®?

The John F. Barnes' Myofascial Release Approach® consists of the gentle application of sustained pressure into the fascial restrictions. This essential "time element" has to do with the viscous flow and the piezoelectric phenomenon: a low load (gentle pressure) applied slowly will allow a viscoelastic medium (fascia) to elongate.

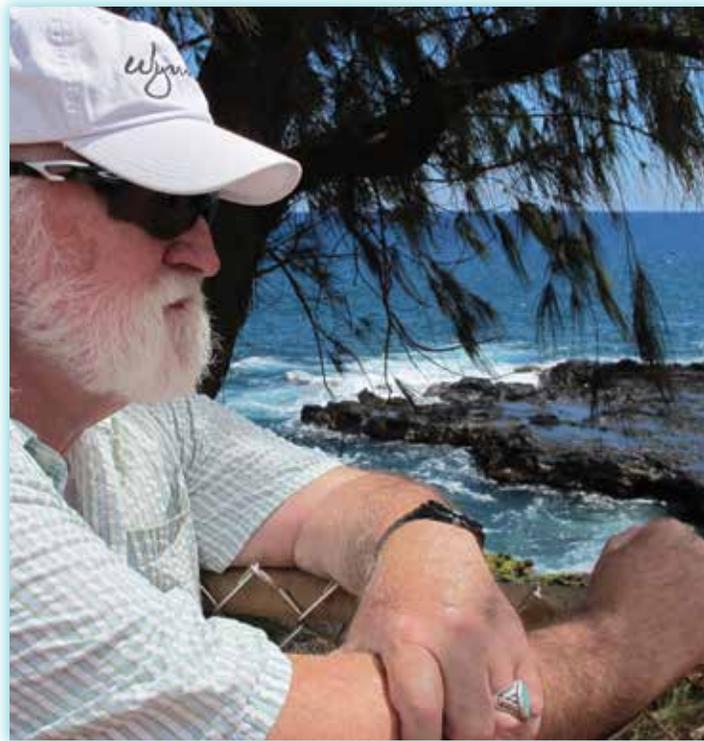
Our seminars are designed to be "hands-on" experiences. The seminars listed in this brochure all build upon one another providing a logical, step-by-step, comprehensive Approach for the treatment of pain, headaches and dysfunction. The Barnes' Myofascial Release Approach® is easily learned so that you can utilize the techniques taught in class immediately upon returning to your practice.

Discover how this truly unique approach can help you to develop the skills and confidence to provide consistent results for your patients / clients while adding fulfillment and revitalizing your professional and personal life!



Fascia Photo by Permission of Dr J.C.Guimberteau





Myofascial Release

John F. Barnes, PT, LMT, NCTMB
*International lecturer, author
and authority on Myofascial Release*

John F. Barnes, PT, LMT, NCTMB, is a therapeutic 'icon' considered to be a teacher of the highest caliber. He has been teaching Myofascial Release seminars for over 40 years and has trained over 75,000 therapists. The awareness of the effectiveness of Myofascial Release is spreading across the country!

FASCIA IS A LIQUID CRYSTALLINE MATRIX

"The tide has turned!" Myofascial Release is leading the way in healthcare. Traditional healthcare is crashing and unfortunately it appears that it will get significantly worse. All of this concern is nothing more than a reshuffling of the deck chairs on the Titanic! Don't let the 'sinking ship' of traditional therapy drag you down.

Join the over 75,000 John F. Barnes' Myofascial Release® therapists that are using MFR in their private practices or facilities whose primary focus is Myofascial Release. These Myofascial Release facilities are flourishing; have minimal paperwork and you will have the fulfillment of profound, consistent results.

RESEARCH VERIFIES MYOFASCIAL RELEASE!

Many of the techniques that we were taught as therapists had logical theories, however were terribly flawed. The problem is that the methodology to produce consistent lasting results did not materialize. Most forms of therapy only produce temporary results. This flawed methodology has limited your effectiveness and results. The John F. Barnes' Myofascial Release Approach® has logical principles that produce effective long term, consistent results all of which is now being verified by research!

It has recently been discovered that the environment of the over 100 trillion cells of our body is the ground substance of the Fascial system, which ideally should be a viscous gel. Trauma, thwarted inflammatory processes and surgery dehydrates the ground substance. This solidification impedes the transport of oxygen, nutrition, supplements and/or medication, the biochemistry, hormones, the information and energy that the cells need to thrive.

PHASE TRANSITION

Principles that I have been teaching for over 40 years are being verified by authorities in physics and fluid dynamics. *The Fourth Phase of Water* by Dr. Gerald Pollack discusses the liquid crystalline nature of fascia and *The Extracellular Matrix: Ground Substance Regulation* by Dr. Alfred Pischinger, one of Germany's leading scientists, emphasizes the importance of the viscosity of the ground substance of the Fascial system. Dr. Pischinger's book has been translated into English and represents a culmination of over 30 years of research on the importance of the Fascial system.

Research has confirmed the importance of treating the cross-links that develop into the fibrous web and the ground substance, the fluid component of the Fascial system, which has been overlooked by healthcare. "Phase Transition" is the phenomenon that occurs when ice transforms into water. This unique and important principle is what differentiates Myofascial Release from all other forms of therapy.

The results of Myofascial Release are based on techniques that produce 'Phase Transition.'





Permission by
Dr. JC Guimberteau.

Fascial restrictions can exert approximately 2,000 pounds of pressure per square inch on pain sensitive structures producing pain, headaches, fibromyalgia and restrictions of motion.

Also we were taught 'linear' principles for a 'non linear' body. Myofascial Release techniques recognize that the Fascial system is 'non linear' instead it has a 'fractal' nature that responds to the important concepts of tensegrity, mechano-transduction, chaos, complexity and fractal theories and techniques.

JOIN THE SEA CHANGE!

John F. Barnes' Myofascial Release® therapists have become the

most successful therapists in the country due to the results that they are able to achieve. The word of the effectiveness of Myofascial Release has spread across the country like 'wildfire'!

Myofascial Release is an important revolution in healthcare that will allow you to decrease burdensome paperwork, substantially increase your effectiveness and income, and enjoy the fulfillment of profoundly helping others!

WHAT MYOFASCIAL RELEASE THERAPISTS ARE SAYING...

'Dear MFR Friends:

I am overwhelmed. I know a lot of you are too....I turn down about 3-5 people a week who want me to evaluate and treat them with Myofascial Release. They email me, they call me, they beg me to see them, but I am booked months ahead. Each patient received the John F. Barnes' method of sustained release myofascial release and exercise.'

Carol D., DPT, Coral Gables, FL

'Thinking about all the 'Busy Practice' talk going on... How incredible to be a part of such an interesting group, and the important Myofascial Release work we are doing. My business has grown quite rapidly over the last 3 years. All of this overwhelming growth has given me a chance to see a really clear picture of what 'success' means to me... and the things I make priority. Thank you, I feel fulfilled.'

Renie A., LMT, Cumberland, ME

'We have been flooded with people seeking Myofascial Release. We are booked solid and the phone just keeps ringing and ringing! With my ever-expanding wait list, I want to say THANK YOU to John who has propelled MFR to where it is today!!!

We owe you a HUGE DEBT OF GRATITUDE.

Thank you, thank you, thank you :)'

Phil T., MSPT, Chevy Chase, MD

I have been an OT for 17 years and started practicing John F. Barnes' Myofascial Release® exclusively in 2005. In a short amount of time, I achieved higher levels of patient results, quickly followed by business success, job satisfaction, personal growth, and overall happiness than I imagined possible in my work life. MFR is such a fulfilling way to practice for both the therapist and client! It is effective, compassionate, and a true partnership towards the client's goals. MFR is so effective that I stay booked months in advance with minimal marketing. Therapists who have trained directly with John F. Barnes, PT have noticed the demand for MFR growing significantly over the past year. We are providing authentic health care, and that is of tremendous benefit to both the patient and the therapist. It is a great privilege and joy to be a Myofascial Release Therapist.

Tara C., OTR/L, Bradenton, FL

Join the therapists utilizing Myofascial Release who are at the leading edge of Healthcare.

MYOFASCIAL RELEASE I



This exciting “hands-on” introductory course has trained over 75,000 therapists. Graduates of this course are immediately able to produce positive, structural changes in their patients with acute and chronic pain and dysfunction. These whole-body techniques will be an important added dimension to your existing treatment regimen, greatly enhancing your therapeutic effectiveness.

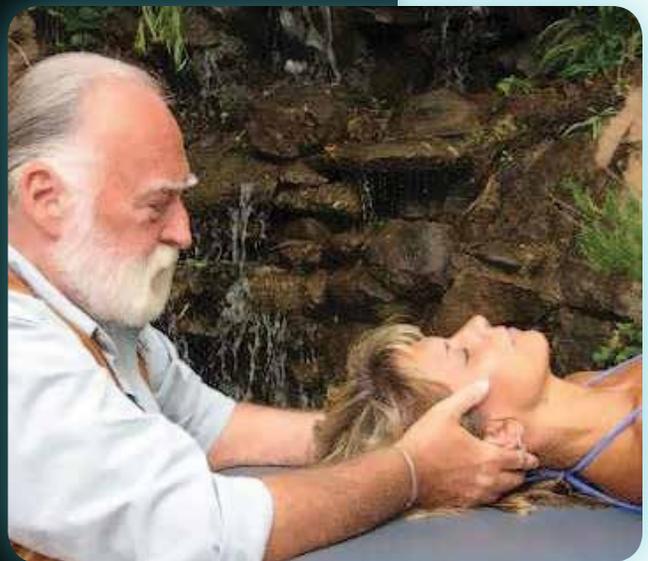
20 Contact Hours

MYOFASCIAL RELEASE TECHNIQUES:

- Theory
- Anatomy of Fascia and Related Structures
- Whole Body Inter-Relationships
- Development of Palpation Skills
- Evaluation Procedures
- Lower Extremity Problems
- Sacral Float
- Lumbar-Pelvic Problems
- Anterior and Posterior Thoracic Areas
- Transverse Fascial Planes (Thoracic Inlet, Respiratory Diaphragm & Pelvic Floor)
- Upper Extremity Problems
- Cervical Spine, Atlas and Axis, Occipital Condyle Release, Dural Tube Mobility

THE FASCIAL CRANIUM

- Theory
- Headache Release
- Evaluation Problems
- Temporomandibular Problems
- Cranial/Sacral Techniques
- Cranial Trauma
- Sinus Problems
- Birth Injuries



ENJOY A NEW, EXCITING AND LUCRATIVE CAREER!

I have had the opportunity of training over 75,000 therapists and my goal is to help you improve your logical/intuitive abilities and confidence. Trauma and inflammatory responses create myofascial restrictions that can produce tensile pressures of approximately 2,000 pounds per square inch on pain sensitive structures that do not show up in any of the standards tests (x-rays, myelograms, CAT scans, electromyography, etc.).

This enormous pressure acts like a “straightjacket” on muscles, nerves, blood vessels and osseous structures producing the symptoms of pain, headaches and restriction of motion.

Symptoms are the tip of the iceberg of a much deeper, important problem – myofascial restrictions! Science has now discovered what I have been teaching for over 40 years; i.e., pain, dysfunction and disease are caused by a prolonged inflammatory response. Trauma and the resultant inflammatory response create myofascial restrictions that ultimately create the symptoms.

Myofascial Release allows the chronic inflammatory response to resolve and eradicates the enormous pressure of myofascial restrictions exerted on pain-sensitive structures to alleviate symptoms and to allow the body’s natural healing capacity to function properly.

– ENJOY THE FULFILLMENT OF CONSISTENT, PROFOUND RESULTS –

MYOFASCIAL RELEASE I

LOCATIONS AND DATES

NASHVILLE, TN

August 2-4, 2013
Hilton Garden Inn
(615) 369-5900

SARASOTA, FL

August 16-18, 2013
Lido Beach Resort
(941) 388-2161

EUREKA, CA

August 23-25, 2013
Red Lion Hotel
(707) 445-0844

HILTON HEAD, SC

September 5-8
(1/2 days) 2013
Omni Oceanfront
(843) 842-8000

SOUTH BEND, IN

September 13-15, 2013
Site: Century Center
Accommodations:
Doubletree by Hilton
(574) 234-2000

HOUSTON, TX

September 27-29, 2013
Hyatt Regency
(713) 654-1234

AUGUSTA, ME

October 4-6, 2013
Senator Inn & Spa
(207) 622-8800

SALEM, OR

November 22-24, 2013
Site: Salem Conference Ctr
Accommodations: Grand
Salem Hotel
(503) 540-7800

MIAMI, FL

November 22-24, 2013
Doubletree Grand Hotel
(305) 372-0313

WILMINGTON, DE

Doubletree Hilton
December 6-8, 2013
(302) 478-6000

CAPTIVA ISLAND, FL

January 16-19 (1/2 days)
2014
South Seas Island Resort
(239) 472-5111

RENO, NV

February 7-9, 2014
Silver Legacy Resort
(775) 329-4777

ST. LOUIS, MO

March 21-23, 2014
Millennium Hotel
(314) 241-9500

SEDONA, AZ

March 27-30 (1/2 days)
2014
Poco Diablo Resort
(928) 282-3002

WINNIPEG, MANITOBA

April 4-6, 2014
Delta Hotel
(204) 942-0551

DETROIT, MI

(Dearborn Area)
May 2-4, 2014
Adoba Hotel
(313) 592-3622

NEW YORK, NY

May 2-4, 2014
Holiday Inn Midtown
(212) 581-8100

BOISE, ID

May 16-18, 2014
Grove Hotel
(208) 333-8000

CLEVELAND, OH

May 30-June 1, 2014
Doubletree by Hilton
(216) 241-5100

SAN FRANCISCO, CA

May 30-June 1, 2014
Holiday Inn Golden
Gateway
(415) 441-4000

BUFFALO, NY

June 20-22, 2014
Adam's Mark
(716) 845-5100

MYRTLE BEACH, SC

July 10-13 (1/2 days) 2014
Hilton Hotel
(843) 449-5000

CHICAGO, IL

August 1-3, 2014
Hyatt McCormick Place
(312) 567-1234



**Myofascial
Restrictions**

Peter is a doctor of physical therapy and has taken all of our seminars. He shared the following experience with us:

“My son fractured his clavicle during a karate class. I took him to the emergency room where he received an x-ray, was given a sling, medication, and was told he will heal in a couple of weeks, but his clavicle will stay deformed.

So, after we went home, I performed Myofascial Release for his neck, shoulder, and chest with very gentle touch. He felt much better. His pain went significantly down, he slept well, and the next day we decided to see an orthopedist and re-x-ray his shoulder.

According to the orthopedist, he couldn't explain why his bone was reset in as little as 16 hours. My son is doing just fine; he has no pain, and played basketball today!”

**2/15/2012
RIGHT**

Before

**2/16/2012
RIGHT**

After MFR 1 Day Later

MYOFASCIAL UNWINDING

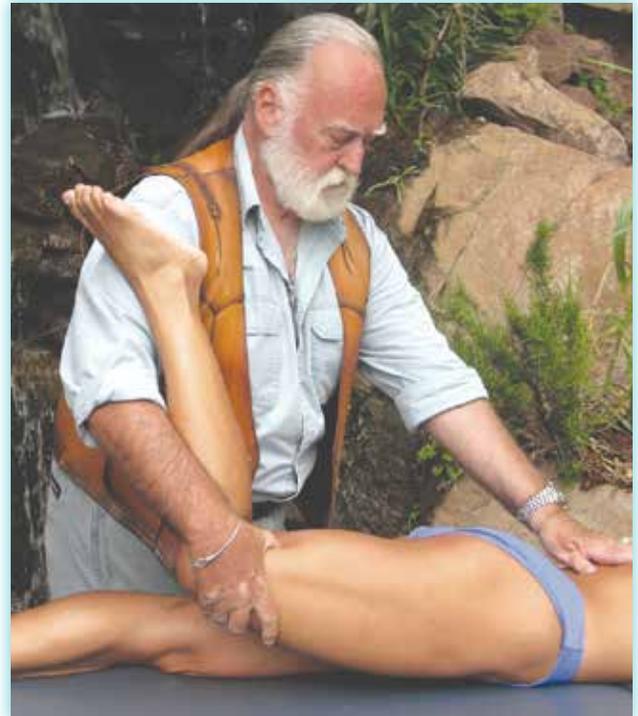
Prerequisite: Myofascial Release I™

The Myofascial Unwinding™ seminar is designed to enhance your skill level and sensitivity providing you with a comprehensive treatment regime. Persistent pain and/or structural dysfunction may be perpetuated by “holding or bracing patterns” in the body. You will learn from the patient’s perspective how unresolved emotional issues or mental concepts that are outdated and are no longer relevant may impede progress. The intermediate “hands-on” Myofascial Unwinding™ seminar will also improve your mental clarity, focus, sensitivity of touch and expand your abilities to achieve consistent results.

20 Contact Hours

MYOFASCIAL UNWINDING IS A VERY EFFECTIVE MOVEMENT FACILITATION TECHNIQUE UTILIZED TO:

- Decrease Pain
- Increase Range of Motion
- Eliminate Subconscious “Holding or Bracing Patterns”
- Increase Your Proprioceptive Awareness
- Increase Functional Mobility of the Neuro/Myofascial/Osseous Systems



LOCATIONS AND DATES

NASHVILLE, TN

August 6-8, 2013
Hilton Garden Inn
(615) 369-5900

HILTON HEAD, SC

September 9-11, 2013
Omni Oceanfront
(843) 842-8000

CAPTIVA ISLAND, FL

January 20-22, 2014
South Seas Island Resort
(239) 472-5111

SEDONA, AZ

March 31-April 2, 2014
Poco Diablo Resort
(928) 282-3002

NEW YORK, NY

May 6-8, 2014
Holiday Inn Midtown
(212) 581-8100

SAN FRANCISCO, CA

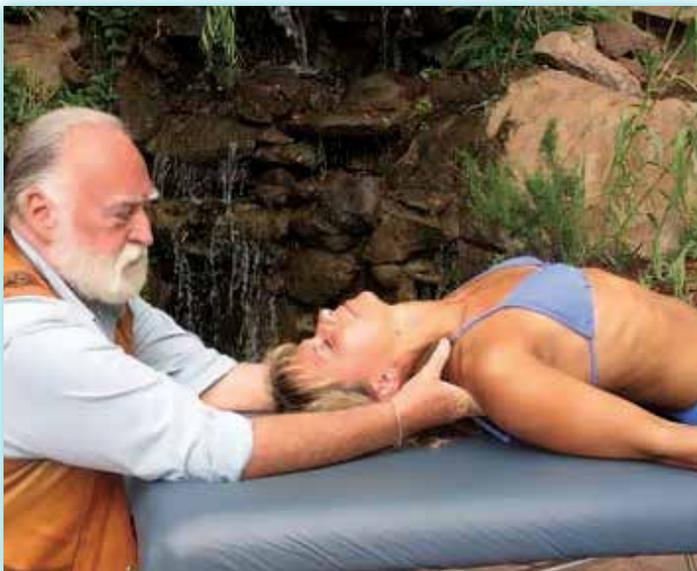
June 3-5, 2014
Holiday Inn Golden Gateway
(415) 441-4000

MYRTLE BEACH, SC

July 14-16, 2014
Hilton Hotel
(843) 449-5000

CHICAGO, IL

August 5-7, 2014
Hyatt McCormick Place
(312) 567-1234



MYOFASCIAL RELEASE II

Prerequisite: Myofascial Release I™

Myofascial Release I™ developed a fascinating framework of concepts and techniques. **Myofascial Release II™** completes this conceptual framework with important, advanced, whole body Myofascial Release techniques and newly refined cranial advancements. The intermediate “hands-on” Myofascial Release II seminar will greatly enhance your vital “feel” via development of the tactile and proprioceptive senses which will allow you to achieve a higher level of expertise. These exciting techniques have been carefully developed and selected for their outstanding, consistent results.

20 Contact Hours



LEARN ADVANCED MYOFASCIAL TECHNIQUES FOR:

- Lumbo-Sacral
- Hyoid
- Intra-Oral (Maxillae, Palatines, Vomer, Pterygoids, Mandible)
- Sacro-Iliac
- Thorax
- Psoas Complex
- Upper Extremities
- Lower Extremities
- Fascial Cranium
- Cervical
- Dural System

LOCATIONS AND DATES

NASHVILLE, TN

August 9-11, 2013
Hilton Garden Inn
(615) 369-5900

HILTON HEAD, SC

September 12-15
(1/2 days) 2013
Omni Oceanfront
(843) 842-8000

CAPTIVA ISLAND, FL

January 23-26 (1/2 days)
2014
South Seas Island Resort
(239) 472-5111

SEDONA, AZ

April 3-6 (1/2 days) 2014
Poco Diablo Resort
(928) 282-3002

NEW YORK, NY

May 9-11, 2014
Holiday Inn Midtown
(212) 581-8100

SAN FRANCISCO, CA

June 6-8, 2014
Holiday Inn Golden
Gateway
(415) 441-4000

MYRTLE BEACH, SC

July 17-20 (1/2 days) 2014
Hilton Hotel
(843) 449-5000

CHICAGO, IL

August 8-10, 2014
Hyatt McCormick Place
(312) 567-1234

FASCIAL-PELVIS

Our experience has shown that over 90% of patients suffering with lumbar and pelvic pain, menstrual problems, cervical pain and headaches have imbalances in the pelvis creating fascial restrictions throughout the body. This introductory “hands-on” seminar will teach you a logical, step-by-step progression of techniques for treating the lumbo-pelvic region in a comprehensive and effective manner.

20 Contact Hours



TECHNIQUES FOR THE FASCIAL-PELVIS:

- Erector Spinae
- Sacro-Iliac Joints
- Lumbar Area
- Lower Extremities
- Quadratus Lumborum
- Pelvic Floor
- Psoas
- Sacrum

LOCATIONS AND DATES

TALLAHASSEE, FL

August 23-25, 2013
Doubletree by Hilton
(850) 224-5000

LA CROSSE, WI

September 13-15, 2013
Radisson Hotel
(608) 784-6680

SEDONA, AZ

October 17-20 (1/2 days) 2013
Site: Red Rock Memorial Lodge
Accommodations: Sky Ranch Lodge
(928) 282-6400

BILLINGS, MT

October 25-27, 2013
Hilton Garden Inn
(406) 655-8800

COLUMBUS, OH

November 15-17, 2013
Doubletree by Hilton
(614) 885-3334

BALTIMORE, MD

November 22-24, 2013
Doubletree by Hilton
(410) 235-5400

FRESNO, CA

December 6-8, 2013
Holiday inn
(559) 233-6650

RICHMOND, VA

March 28-30, 2014
Doubletree Hilton
(804) 644-9871

OTTAWA, ONTARIO

April 11-13, 2014
Courtyard by Marriott
(613) 241-1000

GREEN BAY, WI

May 2-4, 2014
Hyatt Hotel
(920) 432-1234

OCALA, FL

May 16-18, 2014
Holiday Inn
(352) 629-9500

ATLANTIC CITY, NJ

May 30-June 1, 2014
Tropicana Casino
(609) 340-4000

PHOENIX, AZ

June 6-8, 2014
Sheraton Downtown
(602) 262-2500

LONG BEACH, CA

June 27-29, 2014
Hilton Hotel
(562) 983-3400

CERVICAL-THORACIC

Prerequisite: Myofascial Release I™

This fascinating intermediate “hands-on” seminar will give you the confidence and skill to successfully treat cervical pain, restriction of motion, reflex sympathetic dystrophy, carpal tunnel, TMJ pain and to decrease pain in the hand while increasing its functional mobility.

20 Contact Hours



LOCATIONS AND DATES

MINNEAPOLIS, MN

August 23-25, 2013
Radisson Blu
(952) 881-5258

CHICAGO, IL

November 8-10, 2013
Indian Lakes Resort
(630) 529-0200

SEDONA, AZ

March 13-16 (1/2 days)
2014
Poco Diablo Resort
(928) 282-3002

WILMINGTON, DE

April 11-13, 2014
Doubletree Hilton
(302) 478-6000

TECHNIQUES FOR THE CERVICAL-THORACIC:

- Thoracic-Lumbar Junction
- Rib Cage
- Atlas/Axis Complex
- Craniomandibular Mechanism
- Anterior/Posterior Cervical Areas
- Thoracic Spine
- Sternum
- Hands/Wrists
- Upper Extremities

VACATION SERIES & SPECIALTY SEMINARS

SAVE \$300
By registering for any three seminars!



Nashville, TN Scores of songs are dedicated to the city of music. But, while music is the lifeblood of Nashville, visitors will also find here a city of culture and history, natural beauty and pure Southern charm. This city is alive.

Myofascial Release I August 2-4, 2013	Myofascial Unwinding August 6-8, 2013	Myofascial Release II August 9-11, 2013	Hilton Garden Inn (615) 369-5900
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Hilton Head, SC Hilton Head, SC- Follow the sun to Hilton Head Island, where you can enjoy world-class golf, beautiful beaches, fabulous restaurants and endless shopping opportunities.

Myofascial Release I September 5-8 (1/2 days) 2013	Myofascial Unwinding September 9-11, 2013	Myofascial Release II September 12-15 (1/2 days) 2013	Omni Oceanfront (843) 842-8000
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Chicago, IL The Indian Lakes resort in Bloomingdale is a grand Chicago resort which offers lush greenery, gardens, gold, spa and fabulous dining without ever leaving the grounds. Only 30 minutes from downtown Chicago and airport.

Cervical-Thoracic November 8-10, 2013	Myofascial Rebounding November 11-13, 2013	Women's Health November 14-17, 2013	Indian Lakes Resort (630) 529-0200
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Captiva Island, FL A resort village and wildlife sanctuary with boundless opportunity for relaxation. South Seas Island Resort is an ecologically balanced village that spans two and a half miles of beaches framing the tranquil waters of the Gulf.

Myofascial Release I January 16-19 (1/2 days) 2014	Myofascial Unwinding January 20-22, 2014	Myofascial Release II January 23-26 (1/2 days) 2014	South Seas Island Resort (239) 472-5111
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Sedona, AZ Take a therapeutic vacation of a lifetime in breathtaking Sedona!

Women's Health February 13-16, 2014	Myofascial Healing February 17-19, 2014	Quantum Leap! Seminar February 20-23 (1/2 days) 2014	Poco Diablo Resort (928) 282-3002
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Sedona, AZ Enjoy the warmth of Sedona, one of the scenic wonders of the world!

Myofascial Release I March 27-30 (1/2 days) 2014	Myofascial Unwinding March 31-April 2, 2014	Myofascial Release II April 3-6 (1/2 days) 2014	Poco Diablo Resort (928) 282-3002
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New York, NY Visit all of the famous New York attractions. Carnegie Hall, Lincoln Center, the fabulous Theater District, or catch a Broadway show.

Myofascial Release I May 2-4, 2014	Myofascial Unwinding May 6-8, 2014	Myofascial Release II May 9-11, 2014	Holiday Inn Midtown (212) 581-8100
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San Francisco, CA Experience Fisherman's Wharf, Union Square, the beautiful Golden Gate Park and the bustling district of Chinatown.

Myofascial Release I May 30-June 1, 2014	Myofascial Unwinding June 3-5, 2014	Myofascial Release II June 6-8, 2014	Holiday Inn Golden Gateway (415) 441-4000
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Sedona, AZ Red Rock Country is a gorgeous four season's playground for everyone.

Myofascial Rebounding June 19-22 (1/2 days) 2014	Myofascial Healing June 23-25, 2014	Advanced Myofascial Unwinding June 26-29 (1/2 days) 2014	Site: Red Rock Memorial Lodge Accommodations: Sky Ranch Lodge (928) 282-6400
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A Look Ahead...



Myrtle Beach, SC
Myofascial I, Unwinding, Myofascial Release II
July 10-20, 2014 Hilton Hotel
(843) 449-5000



Chicago, IL
Myofascial I, Unwinding, Myofascial Release II
August 1-10, 2014 Hyatt McCormick Place
(312) 567-1234

Introductory Workshop

MYOFASCIAL MOBILIZATION

This fascinating “hands-on” seminar will introduce you to the highly effective world of Myofascial Release. This seminar will present the theory of Myofascial Release and the hands-on sessions will primarily focus on the upper and lower extremities, cervical, thoracic and lumbar areas.

12 Contact Hours



LOCATIONS AND DATES

ERIE, PA September 7 & 8, 2013 Clarion Hotel (814) 833-1116	YUMA, AZ November 2 & 3, 2013 Hilton Garden Inn (928) 783-1500	BAY CITY, MI November 16 & 17, 2013 Doubletree by Hilton (989) 891-6000	LARAMIE, WY December 7 & 8, 2013 Hilton Garden Inn (307) 745-5500
BLACKSBURG, VA (Roanoke Area) December 7 & 8, 2013 Holiday Inn University Blacksburg (540) 552-7001	THOUSAND OAKS, CA (Westlake Village, CA) February 8 & 9, 2014 Hyatt Plaza (805) 557-1234	LAKEWOOD, CO (Denver Suburbs) March 8 & 9, 2014 Holiday Inn (303) 980-9200	BURLINGTON, VT March 8 & 9, 2014 Sheraton Hotel (802) 865-6600
POCONO MANOR, PA (Pocono Area) April 5 & 6, 2014 Inn at Pocono Manor (570) 839-7111	CINCINNATI, OH May 31 & June 1, 2014 Hyatt Regency (513) 579-1234	TROY, NY (Albany Area) June 7 & 8, 2014 Hilton Garden Inn (518) 272-1700	

“The Myofascial Mobilization Workshop taught me how to incorporate and utilize Myofascial Release techniques immediately with my patients and that everyone can benefit from myofascial mobilization techniques.”

Introductory Workshop

PEDIATRIC MYOFASCIAL RELEASE



This introductory “hands-on” workshop is designed for therapists whose primary focus is on the pediatric population. Myofascial Release will be presented for the evaluation and treatment of head injuries, cerebral palsy, birth trauma, scoliosis, movement dysfunction, neurological dysfunction, trauma, pain and headaches.

12 Contact Hours

“I have gained so many new treatment ideas during the Pediatric Myofascial Workshop. We spent the perfect amount of time in hands-on workshops that I have a good handle on how to perform these techniques correctly to get maximum results with my pediatric patients.”

LOCATIONS AND DATES

WILKES-BARRE, PA (Scranton Area) September 7 & 8, 2013 Best Western Genetti (570) 823-6152	PORTSMOUTH, NH September 28 & 29, 2013 Sheraton Harborside (603) 431-2300	ACME, MI (Traverse City Area) October 26 & 27, 2013 Grand Traverse Resort (231) 534-6000	ORANGE, CA (Southern, CA) November 9 & 10, 2013 Doubletree Hotel (714) 634-4500	ATLANTA, GA November 23 & 24, 2013 Marriott NW Galleria (770) 952-7900	PEORIA, IL December 7 & 8, 2013 Embassy Suites (309) 694-0200
SYRACUSE, NY March 15 & 16, 2014 Sheraton Hotel (315) 475-3000	AUSTIN, TX March 29 & 30, 2014 Courtyard by Marriott (512) 236-8008	HAMILTON, ONTARIO April 5 & 6, 2014 Sheraton Hotel (905) 529-5515	OMAHA, NE April 26 & 27, 2014 Doubletree by Hilton (402) 346-7600	NEW ORLEANS, LA May 17 & 18, 2014 Hilton Hotel (504) 524-8890	DEERFIELD BCH., FL (Ft. Lauderdale Area) June 7 & 8, 2014 Doubletree by Hilton (954) 427-7700

WOMEN'S HEALTH SEMINAR THE MYOFASCIAL RELEASE APPROACH

Prerequisites: Myofascial Release I™, Fascial-Pelvis, Myofascial Unwinding

Increase your knowledge, skill and income by adding this important dimension to your practice. In this seminar you will receive extensive treatment for your own pelvic problems. Many times chronic, persistent headaches, neck and back pain can be resolved with Myofascial Release to the pelvic area.

25 Contact Hours

THIS FASCINATING INTERMEDIATE “HANDS-ON” SEMINAR WILL TEACH YOU IMPORTANT MYOFASCIAL RELEASE, VISCERAL RELEASE AND MYO/GYNO-FASCIAL RELEASE:

- Pelvic Floor Pain & Dysfunction
- Urinary Incontinence, Urgency and/or Frequency
- Problematic Breast Implant/Reduction Scars
- Vulvodynia
- Mastectomy Pain
- Endometriosis
- Interstitial Cystitis
- Fibromyalgia
- Menstrual Problems
- Adhesions
- Coccygeal Pain
- Episiotomy Scars
- Painful Intercourse
- Infertility Problems
- Lymphedema
- Painful Scars



“John teaches this class with such a delightful mixture of tenderness, comedy, integrity and love.”

“The Women’s Health seminar was absolutely awesome. There was a feeling of being part of something incredibly important... like witnessing a piece of history. It felt like John was opening the door for us to be a part of a significant shift in the healthcare field.”



SOLID RIGHT OVARIAN MASS

“My wife told me that she has a cyst on her right ovary and “ it does not look good”. During her routine ultrasound it was discovered that she had a dermoid cyst. The doctor suggested surgery to remove the whole right ovary. He warned us that solid cysts do not go away and that my wife would need surgery. My wife saw an advanced John F.

Barnes’ Myofascial Release therapist the following day and subsequently completed 10 Myofascial Release sessions. When my wife had her second ultrasound performed, the cyst was completely gone! “No surgery” the doctor said. What a relief! Thank you John for bringing Myofascial Release to our lives!”

LOCATIONS AND DATES

CHICAGO, IL
November 14-17, 2013
Indian Lakes Resort
(630) 529-0200

SEDONA, AZ
February 13-16 (1/2 days) 2014
Poco Diablo Resort
(928) 282-3002

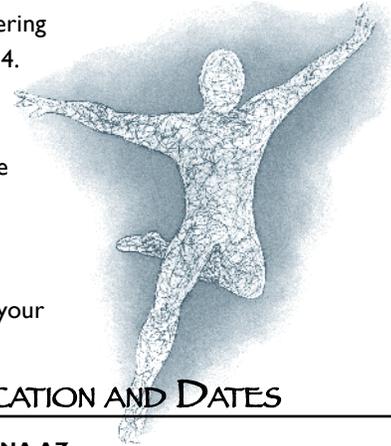
QUANTUM LEAP! SEMINAR

Prerequisites: Myofascial Release I, Myofascial Unwinding, Myofascial Release II, and Myofascial Rebounding

Learn:

Advanced Myofascial Release Techniques
Advanced Fascial Cranial Techniques
Exaggeration of the Lesion Procedures
Compression Unwinding
Oscillation & Rebounding Techniques
Enhanced Proprioceptive Awareness
Training
Facilitation Techniques
Myofascial & Pandiculation Techniques
Myofascial "Crunch" Techniques
Multiple Person Unwinding Treatments
Centering Exercises that will Enhance
Your Quest for Mastery
Deepen & Broaden Technical Skills

We are very excited to announce that we will be offering "Quantum Leap" in gorgeous Sedona, Arizona in 2014. This "one-of-a-kind" seminar is presented every few years and sells out quickly. In the "Quantum Leap!" Seminar you will examine 30 years of research on the fascial system. Incredible micro-videography reveals tensegrity, piezoelectricity, mechanotransduction in action, and the fractal nature of the fascial system allowing you to see what you have been feeling with your hands!



Plan now to join other Intermediate to Advanced Myofascial Release Therapists in spectacular Sedona, AZ!

LOCATION AND DATES

SEDONA AZ
February 20-23 (1/2 days) 2014
Poco Diablo Resort
(928) 282-3002

MYOFASCIAL REBOUNDING

Prerequisite: Myofascial Release I™

Myofascial Rebounding utilizes the fluid/energy dynamics as a therapeutic force to greatly enhance your Myofascial Release effectiveness in reducing pain, increasing function and awareness. Myofascial Rebounding also "confuses" the neuromotor system to help free the body of its bracing patterns. It's kind of a subtle way in the back door. The mind/body doesn't know what to do, so it just lets go. Myofascial Release and Myofascial Rebounding is an important combination acting as a powerful catalyst enhancing your effectiveness!

- Receive Extraordinary Treatment
- Increase Your Awareness
- Re-Energize Yourself
- Learn Important New Skills That Will Significantly Enhance Your Effectiveness

LOCATIONS AND DATES

CHICAGO, IL
November 11-13, 2013
Indian Lakes Resort
(630) 529-0200

SEDONA AZ
June 19-22 (1/2 days) 2014
Site: Red Rock Memorial Lodge
Accommodations: Sky Ranch Lodge
(928) 282-6400



The Myofascial Triad

SUBTLE ENERGY SEMINAR

EXPAND YOUR SENSITIVITY AND AWARENESS!

Presenter: Dr. Margaret Fuhs, DNSc, RN; Transpersonal psychotherapist, healer and co-founder of the Institute for Therapeutic Touch.

We will be using the system of Therapeutic Touch as an energetic healing approach. You will expand your sensitivity and awareness by exploring new levels of stillness, listening, awareness, focus and intentionality, energetic perception, interconnection and intuitive knowing as they relate to our own healing and thus to the deepening healing of patients. This important seminar can be taken as a separate course and it is highly recommended to be taken in conjunction with Myofascial Release III.

LOCATION AND DATES

SEDONA AZ
October 20 & 21, 2013
Site: Red Rock Memorial Lodge
Accommodations: Sky Ranch Lodge
(928) 282-6400

CEU's are not offered on the above mentioned seminars

MYOFASCIAL RELEASE III - "BEYOND TECHNIQUE"

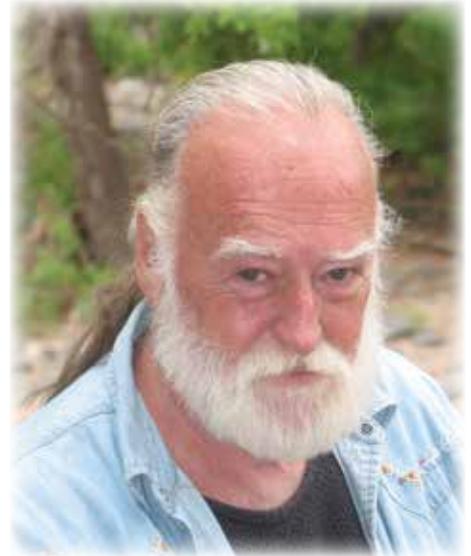
Dear Friends:

The contents of this fascinating seminar will include Advanced Myofascial Release, Cranial and Myofascial Unwinding techniques, visualization, guided imagery and subtle energy techniques; emphasizing the development of your proprioceptive senses for whole body evaluation and treatment.

Bond with fellow therapists as you treat one another to help clear yourself mentally, physically, and emotionally so that you can become true healers.

This powerful and enjoyable experience will allow your essence to re-emerge in a healthy, positive, balanced fashion. This will be done in a supportive, loving environment designed to bring out your full potential to become authentic healers.

I look forward to being with you. Sincerely, John F. Barnes, P.T.



*Empower Yourself!
Develop Clarity,
Tranquility, and
Authentic Power.*

Prerequisites: Myofascial Release I, Fascial-Pelvis, Cervical-Thoracic, Myofascial Rebounding, Myofascial Unwinding, Myofascial Release II, Advanced Myofascial Unwinding, and a one week Skill Enhancement Seminar at either of our Myofascial Release Treatment Centers. The opportunity to work closely with you will help us in making final selections for the course. The structure, environment, prerequisites and cost of the seminar have been carefully calculated to admit only those that we feel are ready for this next evolutionary leap.

Dates: October 22-27, 2013

Times: Full and half days. Times will vary.

Location: Red Rock Memorial Lodge, Sedona, Arizona

Nestled like a diamond in the foothills of towering red cliffs, Sedona is considered to be one of the natural wonders of the world. Its sheer red walls and pinnacles reach heights of 2,500 feet with the waterfalls of Oak Creek cutting their way through majestic pine forests. It is a landscape masterpiece that has taken nature's architect millions of years to sculpt.

Hotel: Sky Ranch Lodge (928) 282-6400 – Reserve Early!

Price: \$1800 or \$1495 if registered two prior to the seminar date.

To Apply: Please send your picture, resume and a letter stating what the Myofascial Release Approach has done for you personally and professionally, why you feel you are ready for this seminar and what your goals are for this 6 day retreat.

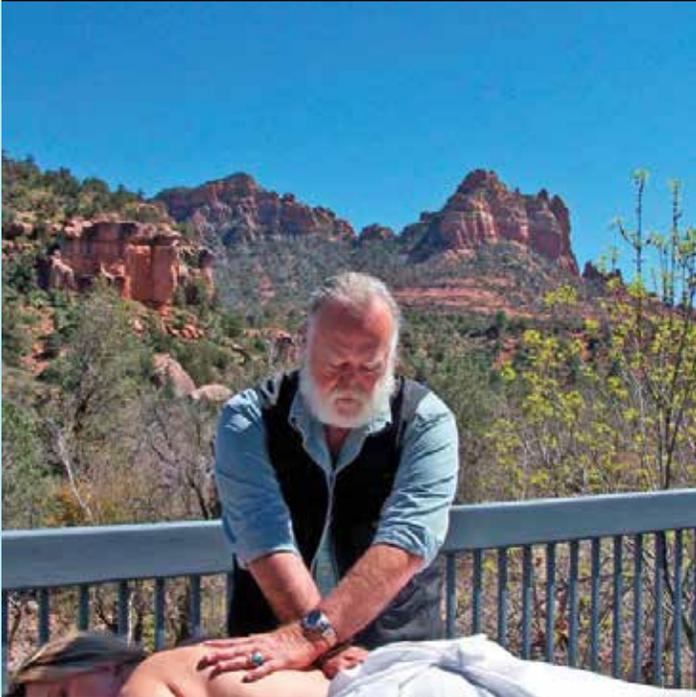
Mail to MFR Seminars, 42 Lloyd Avenue, Malvern, PA 19355, along with a \$500 deposit.
Those not accepted will receive a full refund.

Since it is essential to have a compatible group in attitude, openness and skill level, we reserve the right to accept only those that we feel are functioning at the proper level at this time.

CEU's are not offered for this seminar.

MYOFASCIAL HEALING SEMINAR

A Seminar for the Patient and Therapist



The Myofascial Healing Seminar will guide you to the depths of your essence for authentic healing in the most beautiful place in the world – Sedona, Arizona.

Bring a friend or loved one & receive a discount of \$100 each!

LOCATIONS AND DATES

MINNEAPOLIS, MN

August 26-28, 2013
Radisson Blu
(952) 881-5258

SEDONA, AZ

October 10-13 (1/2 days) 2013
Site: Red Rock Memorial Lodge
Accommodations: Sky Ranch Lodge
(928) 282-6400

SEDONA, AZ

February 17-19, 2014
Poco Diablo Resort
(928) 282-3002

SEDONA AZ

June 23-25, 2014
Site: Red Rock Memorial Lodge
Accommodations: Sky Ranch Lodge
(928) 282-6400

FOR THE PATIENT

The Myofascial Healing Seminar will teach you how to “treat” yourself and is designed to help those wanting to enhance their progress and take a quantum leap in their healing. Through lectures and workshops patients will learn how to help eliminate their pain and energize their body. Send your patients/clients to the Myofascial Healing Seminars to enhance their treatment response, cut their healthcare costs and provide a way of helping them to continue to heal.

FOR THE THERAPIST: HEAL YOURSELF

The Myofascial Healing Seminar is also for you, the therapist, and your friends and family, providing all of you an inexpensive way to lift your spirits, soothe your mind and eliminate your pain while enhancing your healing journey.

*“This seminar is so important!
It has given me my life back!”*

“After suffering with fibromyalgia for years, my pain is finally gone! I feel so much better!”

“John is a therapist of the highest caliber. I could feel the compassion flowing from his gentle touch. The power and love within this seminar supported me in overcoming my pain.”



To Register See Page 19

SKILL ENHANCEMENT SEMINAR

Prerequisite: Myofascial Release I™

The Skill Enhancement Seminar is offered on-site in our Malvern, Pennsylvania and Sedona, Arizona Treatment Centers. The Skill Enhancement Seminar allows anyone who has taken Myofascial Release I to work alongside our highly trained and skilled Myofascial Release staff as we treat patients and therapists from around the world.



Therapists who attend the Skill Enhancement Seminar can incorporate the knowledge and skills learned at our off-site educational seminars in a clinical setting that specializes in Myofascial Release. The value of individual, private instruction on Myofascial Release techniques with actual patients, as well as receiving private treatment, serves to be a comprehensive and an invaluable instructional experience. Immediate and personal feedback will be offered to the participating therapist. Questions will be addressed in a timely and productive fashion throughout this week long seminar.

SKILL ENHANCEMENT WITH JOHN F. BARNES, PT

The Skill Enhancement Seminar is also offered during select weeks when John F. Barnes, PT is treating at either the Malvern or Sedona Myofascial Release Treatment Centers. This option allows the therapist to treat patients alongside John Barnes and our staff. Personal treatment sessions with John F. Barnes and our staff are all included.

Enrollment in the Skill Enhancement Seminar is limited. We only accept four therapists per week to ensure personal and direct guidance. Booking in advance is recommended.



“The Sanctuary” - Malvern, PA



“Therapy on the Rocks” - Sedona, AZ

- Learn how a successful Myofascial Release Treatment Center operates in terms of patient flow, variety, and frequency of treatments.
- Examine how a patient's progress is influenced by varying frequency of treatments.
- Observe the unique styles of our therapists and instill confidence and cultivate your own distinct therapeutic abilities.

“The Skill Enhancement Seminar is a very positive and rewarding experience. I felt very comfortable and welcome. The openness and feedback from the team of therapists was much appreciated. I have a lot more self confidence about practicing Myofascial Release with my clients and about myself.”

“What an enjoyable and significant learning experience. There was no pressure and it was so important to receive the personal supervision for refinement of my skills.”

EASTERN MYOFASCIAL RELEASE TREATMENT CENTER

“The Sanctuary”, our Eastern Myofascial Release Treatment Center, located in Malvern, Pennsylvania, the Main Line suburbs of Philadelphia, is a therapeutic retreat that is a haven for patients and therapists who desire the utmost care. Experience the expert guidance of our Myofascial Release Therapists’ hands-on healing skills so that you can return to a pain-free, active lifestyle!

Our beautiful, new John F. Barnes’ Myofascial Release Treatment Center is an impressive stone and wood building immersed in the healing energy of an ancient, lush forest. Patients will enjoy the benefits of Myofascial Release treatments, a soothing sauna and whirlpool, and the tranquil woodland environment.

To complement your treatments, there are a group of world famous gardens; Winterthur Gardens, the internationally acclaimed Longwood Gardens, the Chanticleer Garden Estate and many historical country inns and horse farms are all within a short drive.



“THE SANCTUARY”

42 Lloyd Avenue, Malvern, PA, 19355

1-800-FASCIAL (327-2425) • 610-644-0136, 610-644-1662 fax

Malvern@myofascialrelease.com

OUR MISSION IS TO RETURN YOU

- Back Pain
- Jaw Pain (TMJ)
- Disc Problems
- Headaches
- Sports Injuries
- Whiplash
- Fibromyalgia
- Myofascial Pain Syndrome
- Infants/Children

WOMEN’S HEALTH PROBLEMS:

- Pelvic Floor Pain & Dysfunction
- Urinary Incontinence
- Infertility
- Mastectomy Pain
- Painful Intercourse
- Urinary Urgency
- Vulvodynia
- Endometriosis
- Painful Scars

WESTERN MYOFASCIAL RELEASE TREATMENT CENTER

“Therapy on the Rocks”, our **Western Myofascial Release Treatment Center**, is located in Sedona, Arizona nestled on a cliff along side a fifty foot waterfall cascading into the pristine water of Oak Creek Canyon. The Western Center offers the perfect setting for healing. Magnificent views of the red rocks of Sedona are seen from the cozy treatment rooms, redwood sunning decks, and our creek side whirlpool.

Sedona’s majestic Red Rock Canyons lie nestled between the beauty of the Grand Canyon, just a 2 hour drive north, and the cosmopolitan charm of Phoenix, a magnificent two hour drive south. Drive through Oak Creek Canyon (between Sedona and Flagstaff) on scenic Highway 89A, where spring fed Oak Creek cuts its way through a 28 mile long, 3,000 foot deep gorge and where the forces of nature have acted to create a visual masterpiece. Visit the quaint mining town of Jerome, built on the precipice of Mingus Mountain, with unique shopping available and spectacular views of the Sedona Valley.

Sedona, Arizona is truly a unique destination spot where visitors can enjoy a multitude of activities: hiking trails leading into the heart of the Red Rocks, jeep and helicopter tours, horseback riding, train and balloon rides await visitors. Beautiful and varied art galleries, Southwest and eclectic shopping opportunities, ancient Native American ruins, golf on the rocks, Slide Rock State Park and a multitude of high quality restaurants are minutes away.



“THERAPY ON THE ROCKS”

676 North Highway 89A • Sedona, AZ 86336

928-282-3002 • 928-282-7274 fax

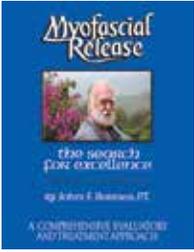
Sedona@myofascialrelease.com • therapyontherocks.net

TO A PAIN FREE, ACTIVE LIFESTYLE!

- Neurological Dysfunction
- Chronic Pain
- Migraines
- Chronic Fatigue Syndrome
- Carpal Tunnel
- Adhesions
- Neck Pain
- Scoliosis
- Sciatica

- Interstitial Cystitis
- Lymphedema
- Problematic Breast Implant/Reduction Scars
- Menstrual Problems
- Urinary Frequency
- Coccydynia (tail bone pain)
- Adhesions
- Episiotomy Scars

MYOFASCIAL RELEASE MERCHANDISE



MYOFASCIAL RELEASE: THE SEARCH FOR EXCELLENCE® BY JOHN F. BARNES

This historic work is thorough with numerous clear and concise illustrations that will guide you to the high level of excellence you strive for in your quest for Mastery. This definitive book represents a culmination of 40 years of experience and points the way to

the future of healthcare. This fascinating book will help you to understand Myofascial Release in its evaluation and treatment aspect and show you how to implement Myofascial Release into your current practice. \$69.95



HEALING ANCIENT WOUNDS: THE RENEGADE'S WISDOM® BY JOHN F. BARNES

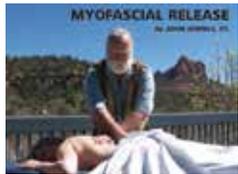
The enjoyable and important book, "Healing Ancient Wounds: The Renegade's Wisdom," was designed to help you expand your abilities, therapeutic awareness and to assist you on your journey as an intuitive therapeutic artist. This intriguing book was also written for your patients/clients to educate,

motivate and inspire them to accelerate, deepen and enhance their treatment response. \$49.95



"FIRESIDE CHAT" DVD BY JOHN F. BARNES

The Fireside Chat DVD with John F. Barnes, PT will give the viewer a chance to gain an inside look at John F. Barnes' perspective on the principles and methods employed in his Myofascial Release Approach. \$49.95



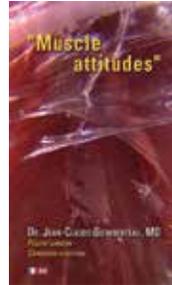
MYOFASCIAL RELEASE & MYOFASCIAL FREEDOM DVD SET BY JOHN F. BARNES

John F. Barnes, PT discusses the theory, anatomy, and function of the Myofascial system with demonstrations in evaluation and treatment techniques for decreasing pain, headaches, and restoring motion. The Myofascial Freedom DVD is designed to teach therapists and their patients Myofascial Release self-treatment techniques, Myofascial Unwinding techniques and a home exercise Myofascial Freedom flexibility program. \$159.90



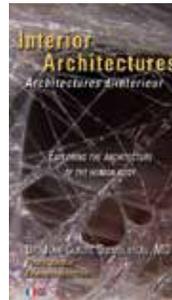
"STROLLING UNDER THE SKIN" LIVING FASCIA DVD BY DR. J.C. GUIMBERTEAU

View an inner world of changing structures, a world constantly adapting whose ultimate function is to provide flexibility, allowing movement and maintaining equilibrium. \$60.00



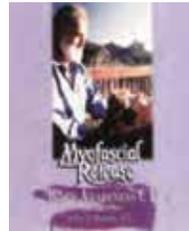
"MUSCLE ATTITUDES" DVD BY DR. J.C. GUIMBERTEAU

This incredible DVD demonstrates that muscle is a contractile structure completely included in the meshwork of the fascial system and all the sheaths around and inside the muscle, epimysium, perimysium or endomysium are in fact, one unique fascial tissue. \$60.00



"INTERIOR ARCHITECTURES" DVD

This brand new DVD by surgeon JC Guimbertau combines new scenes that show the internal architecture of the body, a fractal network made up of fibres, fibrils and microfibrils, and microvacuolar spaces. Therefore, form can be described as a global system. The fascial system provides shape, form, and confers important dynamic properties to the body. \$60.00



INNER AWARENESS - CD'S BY JOHN F. BARNES, PT

Diaphragmatic Breathing, Glowing, Inner Journey, Right Hemispheric Music. \$35.00



COMPREHENSIVE MYOFASCIAL SELF TREATMENT BOOK

Your path to authentic healing and pain relief.
By Joyce Karnis Patterson, PT
\$35.00
Call 1-800-FASCIAL to Order!

CALL 1-800-FASCIAL OR ORDER ONLINE WWW.MYOFASCIALRELEASE.COM

Package 1: Save Over \$75

Contains Myofascial Release: The Search for Excellence®, Healing Ancient Wounds: The Renegade's Wisdom®, "Fireside Chat" DVD, Myofascial Release 2 DVD Set, Inner Awareness CD's and the Listening Book..... \$299.00

Package 2: Save \$20

Contains Myofascial Release: The Search for Excellence® & Healing Ancient Wounds: The Renegade's Wisdom® \$99.00

Package 3: Save Over \$50 Contains Strolling Under the Skin, Muscle Attitudes & Interior Architecture DVDs \$129.00

REGISTRATION INFORMATION

Register For Any Three Seminars and Receive **\$300 OFF!**

- Myofascial Release I
- Fascial-Pelvis Myofascial Release
- Cervical-Thoracic Myofascial Release
- Myofascial Unwinding
- Myofascial Release II
- Myofascial Rebounding
- Advanced Myofascial Unwinding
- Quantum Leap!

\$750 for each seminar or
\$695 if registered 2 weeks
prior to seminar date

- Women's Health Seminar:
The Myofascial Release Approach
\$1,000 for each seminar or
\$895 if registered 2 weeks
prior to the seminar date

- Myofascial Mobilization Workshop
- Pediatric Myofascial Release Workshop
- Subtle Energy

\$450 for each seminar or
\$395 if registered 2 weeks
prior to seminar date

- Myofascial Healing Seminar
\$550 or \$495 if registered 2 weeks
prior to seminar date
\$395 per person when 2 or more
register together*
(*Please make two copies of this
registration form, one for each person
and mail together.)

Continuing Education:

Myofascial Release Seminars are approved by many state and national associations. Please visit our website at myofascialrelease.com for a complete listing and to determine the number of hours granted by your association.

Discounts:

Graduates of the Pediatric Myofascial Release Workshop or the Myofascial Mobilization Workshop are entitled to a \$50 discount off the price of the Myofascial Release I or the Fascial-Pelvis Seminar. Participants who register for any three seminars at one time (excluding Myofascial III and the Skill Enhancement Seminar) are entitled to a \$300 discount. Hospitals or facilities who register five or more persons at the same time are entitled to a \$50 per person discount on any Myofascial Release Seminar. Registrations must be mailed, faxed or phoned in at the same time. Graduates of our seminars may repeat any or all of these seminars for half-price. **DISCOUNTS CANNOT BE COMBINED.**

Registration Fee and Cancellation Policy:

Full payment is required to reserve a space. Enrollment is limited. Fee includes materials, seminar instruction, hands-on workshop training, continental breakfast, afternoon refreshments, and a seminar certificate (excludes Myofascial Healing). Written confirmation will be sent after payment is received in our office. You may cancel your registration up to 14 days before the seminar. Your registration fee will be refunded less a \$50 processing fee. If you need to cancel less than 14 days prior to the seminar you may transfer your registration to another seminar of your choice. We reserve the right to cancel any seminar, in which case the tuition fee will be returned in full. MFR Seminars is not responsible for any guaranteed airline/hotel reservation.

Tax Reform Act Of 1986:

Registration fees, travel and lodging expenses incurred by a taxpayer while attending a convention or seminar relating to their profession will continue to be fully deductible; meal cost will remain 50% deductible.

**CALL TODAY – 1-800-FASCIAL or
Register Online at www.myofascialrelease.com**

IMPORTANT

Seminar Location City: _____ State _____

Check the appropriate box(es)

- | | |
|--|--|
| <input type="checkbox"/> Myofascial Release I | <input type="checkbox"/> Advanced Myofascial Unwinding |
| <input type="checkbox"/> Myofascial Unwinding | <input type="checkbox"/> Myofascial Mobilization |
| <input type="checkbox"/> Myofascial Release II | <input type="checkbox"/> Pediatric Myofascial Release |
| <input type="checkbox"/> Fascial-Pelvis | <input type="checkbox"/> Women's Health Seminar |
| <input type="checkbox"/> Cervical-Thoracic | <input type="checkbox"/> Myofascial Healing |
| <input type="checkbox"/> Myofascial Rebounding | <input type="checkbox"/> Quantum Leap! |

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Name _____

Professional Initials: _____
(Type of therapist, PT, LMT, OTR/L etc. or for the Healing Seminar, what is your occupation?)

Email _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____

Enclosed is my check (U.S. Funds only) payable to:

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